American College of Sports Medicine
About ACSM

The American College of Sports Medicine (ACSM) is an international membership association comprised of more than 50,000 physicians, scientists, educators and certified health fitness professionals representing over 80 countries.

The diversity and expertise of our membership makes ACSM the largest and one of the most respected sports medicine organizations in the world.
OUR MISSION

The American College of Sports Medicine's mission is to advance and integrate scientific research to provide educational and practical applications of exercise science and sports medicine.
THE ACSM “WHY”

Membership | Certification
Create high value experiences in order to drive loyalty with existing members/certifieds and recruit new members/certifieds.

Education
Provide highest quality and value education when, where and how stakeholders want it.

Integration
Create opportunities for cross-disciplinary collaboration and partnerships. Foster an environment of diverse perspectives.

Advocacy
Provide opportunities to engage, promote, and advocate for the professional interests of our members and certified professionals.

Stewardship
Ensure the lasting impact and influence of ACSM through financial stewardship, social responsibility, and scientific integrity.

Science | Research
Support and circulate research. Train and mentor investigators to shape the course of sports medicine and exercise science.

Medicine
Provide a community of learning, practice, and discovery for all healthcare providers to improve individual and population health.

/ Our Core /

STRATEGIC FUNDAMENTALS
Our Community

Membership

<table>
<thead>
<tr>
<th>Membership Area</th>
<th>Members</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basic &amp; Applied Science</td>
<td>5,000+</td>
<td>Fundamental and/or practical applications in teaching, research or clinical settings</td>
</tr>
<tr>
<td>Education &amp; Allied Health</td>
<td>5,000+</td>
<td>Teaching others in formal educational or informal settings</td>
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<tr>
<td>Alliance of Health &amp; Fitness</td>
<td>4,000+</td>
<td>Health fitness professionals and students wanting practical applications of exercise science and sports medicine research</td>
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<tr>
<td>Medicine</td>
<td>3,000+</td>
<td>Licensed to practice medicine and/or surgery</td>
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ACSM features a global membership - representing over 85+ countries
ACSM Certified Professionals make a difference around the globe every day - improving lives whether they’re personalizing a workout, leading a community health initiative or making rounds in a clinic. ACSM offers four certifications so you can gain the credibility that you need to pursue a career in the health and fitness industry.
ACSM SPECIALITY CERTIFICATES

Exercise professionals take varying career paths depending on their interests. Some learn on the job, while others pursue tracks that require advanced education and training.

- **ACSM/NCHPAD Certified Inclusive Fitness Trainer**
- **ACSM/NPAS Certified Physical Activity in Public Health Specialist**
- **ACSM/ACS Certified Cancer Exercise Trainer™**
- **ACSM Youth Fitness Specialist**
  Coming 2023
Certification Prep
Your one stop shop for ACSM Certification Prep courses.

On-Demand Video
Interactive course designs including virtual lessons

Live Webinars
From industry leaders to research experts

CEC Courses
Over 200 courses on a variety of educational topics

Meetings Online
Take our conferences to a virtual environment.
Medicine & Science in Sports & Exercise®

ACSM's flagship monthly peer-reviewed journal, is the leading multidisciplinary original research journal for members. Featuring original investigations, clinical studies and comprehensive reviews on current topics.

Exercise and Sport Sciences Review

ESSR provides peer-reviewed reviews of contemporary scientific, medical and research-based topics emerging in the field of sports medicine and exercise science.

Current Sports Medicine Reports

CSMR is a monthly e-journal for clinician members, responding to the unique information needs by addressing one sports medicine topic in-depth in each issue. One of the most thorough reviews of current sports medicine literature you’ll find out there.

The Translational Journal

TJACSM is a peer-reviewed journal publishing original research, clinical trials, systematic review articles, and meta-analysis and policy research that discuss the translational implications of basic, clinical, and policy science to everyday real-world practice.

Health & Fitness Journal®

“FIT” responds to the practical needs of fitness instructors, personal trainers, exercise leaders, program directors and other front-line health and fitness professionals.

Exercise Sport and Movement

ACSM’s newest journal is an international open access, peer-reviewed journal. ESM offers its content free to any reader. Article authors retain copyright to the materials published. The scope of the journal is broad an encompassing.
ACSM Books

With over 20 published books and ebooks ACSM offers faculty, students and everyday fitness professionals the right resource for the right stage of their journey.
Exercise is Medicine® (EIM), an ACSM-managed global health initiative, encourages primary care physicians and other health care providers to include physical activity when designing treatment plans and to refer patients to evidence-based exercise programs and qualified exercise professionals.

Each year, the ACSM American Fitness Index® (Fitness Index) ranks the 100 largest cities in the United States on a composite of health behaviors, chronic diseases and community infrastructure. The Fitness Index celebrates healthy, active lifestyles and encourages city leaders to update policies and systems to make it easier for people to live well.

The National Youth Sports Health & Safety Institute (NYSHSI) is the leading advocate for promoting and communicating the latest research and evidence-based education, recommendations and policy to improve the experience, development, health and safety of youth sports.
Thank you